



eilean eisdeal

ATLANTIC ADVENTURE DAY EASDALE ISLAND

FUN AQUATHON, SPONSORED SWIM, ROWING RACE & RAFT RACE ENTRY FORM

All entry fees raise funds for Eilean Eisdeal

(A charitable company limited by guarantee.
Registered in Scotland No. SC178838)

FUN AQUATHON Entry fee £10 Swim across the Atlantic to Easdale Island & a short run round Easdale Island.	Please tick
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SPONSORED SWIM Minimum sponsorship £20 Swim the Atlantic to Easdale Island. (Sponsor/Gift Aid form attached. Also available from www.easdale.org)	Please tick
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ROWING RACE Entry fee £10 Race within Easdale Harbour	Please tick
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RAFT RACE Entry fee £5 per person Race within Easdale Harbour	Please tick
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Other events include: Wheelbarrow race, (£5 per wheelbarrow); Duck race, (£1 per Duck). **Please note all events can be entered on the day.**

Participant's Name:

Address:

Please read and sign the following disclaimer:

I know that running/ swimming/rowing in a race regardless of distance is a potentially hazardous activity. On entering I am declaring myself medically able and properly trained. I agree to abide by the rules of entry and any decision of an event official relative to my ability to safely complete these events, and I further agree that event officials may authorize necessary emergency treatment for me. I assume the risk of participating under event conditions. I further assume any and all other risks associated with and participating in Atlantic Adventure Day including, but not limited to, illness, falls, contact with spectators or other participants, the effects of weather, and surface conditions of the paths, all such risks being understood and appreciated by me.

Signature of participant/s

Signature of parent/guardian if under 16

Please enclose a cheque, payable to Eilean Eisdeal, with this form to:
Easdale Island Community Hall, Easdale Island, Oban, Argyll, PA34 4TB.
The closing date for entries by post is 7 days before the event.

Rules of entry

- All participants in events must sign a disclaimer/entry form and pay appropriate entry fee.
- There will be two raft races: one for under 16s and one for adults.
- No fixed rowlocks, no engines and the raft must be able to be carried. Maximum of 2 persons per raft.
- **Buoyancy aids MUST be worn by all participants in the rowing and raft races.**
- All events can be entered on the day but registration must be completed before start of each event.
- Swim and Aquathon start time are determined by tide. All participants must be at Ellenabeich ferry shed, on the mainland, by time stated at registration. Late arrivals will not be allowed to participate.
- The Organisers reserve the right to cancel/alter routes and events for any reason. The Organisers' decision is final.